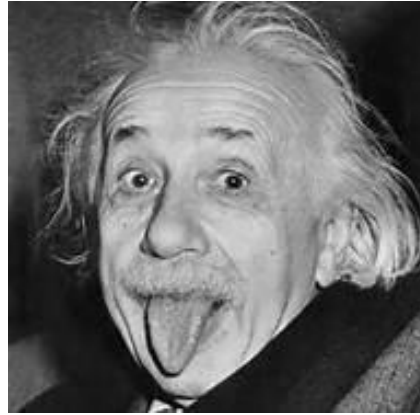
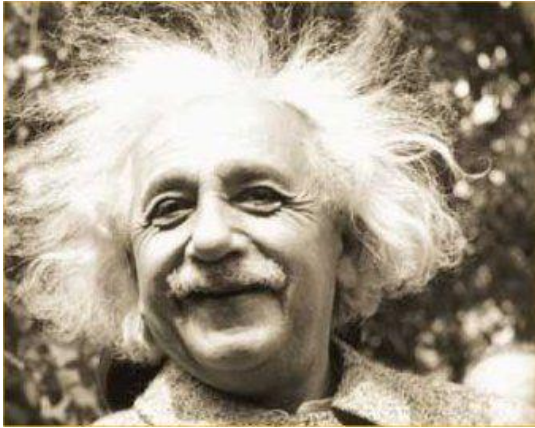


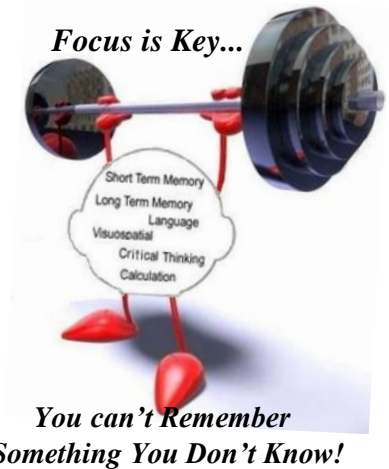
RECALLING BY ASSOCIATION: A PICTURE WITH A NAME

BRAIN FITNESS EXERCISE FOR R.K.

ALBERT EINSTEIN



ALBERT EINSTEIN



R.K. TO DO:

1. Place this picture where you can see it several times during the day.
2. Once a day, for the next 7 days...**STOP** and **FOCUS...**
LOOK at the picture...**SAY** his name, **ALBERT EINSTEIN**, 5 times.
3. Place a check mark next to the date on your calendar when you have completed the daily exercise. ***Focus is Key...You Can't Remember Something You Don't Know!***



"IF I WERE NOT A PHYSICIST, I WOULD PROBABLY BE A MUSICIAN. I OFTEN THINK IN MUSIC. I LIVE MY DAYDREAMS IN MUSIC. I SEE MY LIFE IN TERMS OF MUSIC. I GET MOST OF MY JOY IN LIFE OUT OF MUSIC."
-ALBERT EINSTEIN